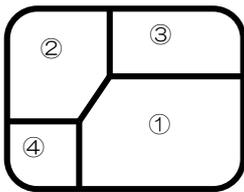




平成26年11月 落合中学校デリバリー給食献立表

Main menu table with columns for days (3, 4, 5, 6, 7) and rows for meals (10, 11, 12, 13, 14, 17, 18, 19, 20, 21, 24, 25, 26, 27, 28). Includes meal names, ingredients, and nutritional notes.

<盛り付け図>



<マークの説明>

- Explanations for icons: Spoon for easy eating, bowl for mixing with rice, and bun for eating together.

今月の栄養価

Nutrition table with columns for Energy, Protein, Fat, Calcium, Iron, Vitamins (A, B1, B2, C), Fiber, and Salt. Rows include monthly average and standard values.